

Caroline Christian, Ph.D. (she/her)

Visiting Assistant Professor | Reed College

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EMPLOYMENT

August 2026 –	Visiting Assistant Professor of Clinical Health Psychology Reed College
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EDUCATION AND TRAINING

2024 – 2026	Postdoctoral Scholar Cardiovascular Behavioral Medicine T32 University of Pittsburgh, Department of Psychiatry, Pittsburgh, PA T32 HL007560 Mentors: Drs. Andrea Goldschmidt and Michele Levine, Ph.D.
2023 – 2024	Predoctoral Clinical Intern University of Pittsburgh Medical Center/ Western Psychiatric Hospital, Pittsburgh, PA Co-directors: Drs. Michele Levine and Tina Goldstein, Ph.D.
2018 – 2024	Doctor of Philosophy in Clinical Psychology University of Louisville, Louisville, KY Advisor: Dr. Cheri Levinson <i>Dissertation: Neurocognitive and Momentary Assessment of Fear-based Mechanisms Underlying the Transition from Partial to Full Remission in Anorexia Nervosa</i>
2018 – 2020	Master of Science in Clinical Psychology University of Louisville, Louisville, KY Advisor: Dr. Cheri Levinson <i>Masters equivalency project: Electrodermal Activity and Heart Rate Variability during Exposure Fear Scripts Predict Trait-Level and Momentary Social Anxiety and Eating Disorder Symptoms</i>
2014 – 2018	Bachelor of Science in Psychology Bachelor of Science in Biology Cellular/Physiology Track University of Louisville, Louisville, KY

LICENSES

April. 2026 – Present	Licensed Psychologist Oregon Board of Psychology License number: 4261
Dec. 2024 – Present	Licensed Clinical Psychologist Pennsylvania Board of Psychology License number: PS020359

Updated June 2026

AWARDS, SCHOLARSHIPS, AND GRANTS

June 2025	Top Poster Award – Postdoctoral division University of Pittsburgh Department of Psychiatry
March 2025	American Psychological Association Psychological Science-in-3 (PS-in-3) Competition Finalist (Award valued \$550)
May 2023	Department of Psychological and Brain Sciences Senior Award for Excellence in Research
April 2023	P.E.O. Scholar Award (\$20,000)
March 2022	Academy for Eating Disorders RSH Scholarship (\$5,000)
Jan. 2022 – Dec. 2023	Ruth L. Kirschstein National Research Service Award (NRSA) Individual Predoctoral Fellowship Direct costs: \$65,783 Score: 20 (11th percentile) F31-MH127892-01: <i>Behavioral and Momentary Assessment of Fear-based Mechanisms underlying Remission in Weight-restored Anorexia Nervosa</i>
December 2021	American Psychological Association Dissertation Research Award (\$5,000)
October 2021	Graduate Network in Arts and Sciences (GNAS) Grant Award (\$250)
October 2020	University of Louisville Graduate Student Council Research Grant (\$500)
September 2020	Distinguished Merit on Preliminary Examination <i>Project: Application of Fear and Avoidance Learning from the Anxiety Field to Inform the Etiology, Maintenance, and Treatment of Eating Disorders: An Integrated Review and Theoretical Model</i>
August 2020	ABCT Obesity and Eating Disorder Special Interest Group (OED-SIG) Graduate Student Research Award (\$100)
June 2020	Department of Psychological and Brain Sciences Junior Award for Excellence in Research
July 2019 – June 2020	Jesse H. Wright Endowment for Mood Disorders Research (\$7500)
July 2018 – June 2020	University Fellowship (\$44,000 and full tuition remission)
May 2017 – Aug. 2017	Summer Research Opportunity Program (\$3,500)
June 2015 – Aug. 2015	Summer Undergraduate Research Fellowship (\$4,000)
Aug. 2014 – May 2018	Henry Vogt Scholarship (\$14,000 and full tuition remission)
Aug. 2014 – May 2018	Kentucky Educational Excellence Scholarship (\$10,000)

PUBLICATIONS (47)

* Denotes mentorship of undergraduate or graduate student

** Denotes co-first authorship

1. Nehushtan, H., Elrajabi, R., Peyyety, V., Apte, S., Chivate, R., Anderson, A., Jankowski, M., Tas., E., March., C., **Christian., C.**, Goldschmidt, A., Vajravelu., M.E. (in press). Weight Loss Medications in Youth: Decision-Making Experiences, Eating Behaviors, and Uncertainty about Endpoint. *Journal of Adolescent Health*
2. Call, C. C., Jouppi, R. J., Regal, A. L., **Christian, C.**, Brown, L. B., Donofry, S. D., Conlon, R. P. K., & Levine, M. D. (2026). Eating disorders and subthreshold symptoms in pregnancy and the postpartum period: An overview of recent research and future directions for researchers and clinicians. *Current Psychiatry Reports*. 28(1), 9. <https://doi.org/10.1007/s11920-025-01660-2>
3. **Christian, C.**, Brown, L.B., Call, C.C., Donofry, S.D., Bridges-Curry, Z., Hawkins, M.S., Levine, M.D. (2026). Differential eating disorder symptom trajectories across the perinatal period and associated psychosocial factors. *International Journal of Eating Disorders*, 59(4), 778–789. <https://doi.org/10.1002/eat.70029>
4. D’Adamo, L., **Christian, C.**, Jebeile, H., Wilfley, D.e., Eddy, K.T., Boutelle, K., Zucker, N., Peterson, C.B. Celio-Doyle, Angela, Le Grange, D., Goldschmidt, A.B., (in press). Facets of dietary restraint associated with risk for eating disorders among children and adolescents with higher weight. *Obesity*, 34(1), 219–227. <https://doi.org/10.1002/oby.70073>
5. Sahlan, R.N., Bridges-Curry, Z., Kinkel-Ram, S.S., **Christian, C.**, Smith, A.R. (2025). Subtypes of Eating Disorder Symptoms, Thwarted Belongingness, Perceived Burdensomeness, Capability for Suicide, and their associations with Suicide Ideation and Suicide Attempts. *Suicide and Life-Threatening Behavior*. 55(5), e70054. <https://doi.org/10.1111/sltb.70054>
6. **Christian, C.**, *Braynen, A.S., *Clark, S.R., Donofry, S.D. (2025). Body image and eating habits during pregnancy and postpartum: Themes and suggestions for maternal healthcare. *Journal of Reproductive and Infant Psychology*. 1–16. <https://doi.org/10.1080/02646838.2025.2559964>
7. **Christian, C.**, Hudson, C.M., Bell, V.E., Goldschmidt A.B. (2025). Implicit Approach-Avoidance Bias for Body and Food-related Stimuli among Individuals with Anorexia Nervosa in Partial Remission. *Eating Behaviors*, 57, 101962. <https://doi.org/10.1016/j.eatbeh.2025.101962>
8. **Christian, C.**, *Bell, V.E., Thomas, J.G., Haedt-Matt, A.A., Engel, S.G., Hart, C.N., Saletin, J.M., Goldstein, S.P., Cusack, C.E., Goldschmidt A.B. (2025). Momentary Associations across Specific Affective States and Dysregulated Eating Experiences Among Children and Adolescents with Loss of Control Eating Symptoms. *International Journal of Eating Disorders*. 58(3), 542-553. <https://doi.org/10.1002/eat.24356>
9. Butler, R.M., **Christian, C.**, Girard, J.M., Vanzhula, I.A., Levinson, C.A. (2024). Do within- and between-session habituation predict treatment outcomes? Findings from two clinical trials of imaginal exposure for eating disorders. *Behavior Research and Therapy*, 180, 104577. <https://doi.org/10.1016/j.brat.2024.104577>
10. Cusack, C.E., Ralph-Nearman, C., **Christian, C.**, Fisher, A, Levinson, C.A. (2024). Understanding heterogeneity, comorbidity, and variability in depression: Idiographic models and depression outcomes. *Journal of Affective Disorders*, 356, 248-256. <https://doi.org/10.1016/j.jad.2024.04.034>
11. Cusack, C.E., Hunt, R.A., Rae, J., **Christian, C.**, & Levinson, C.A. (2024). Experiential Avoidance During Mealtimes Among Individuals with Eating Disorders. *Behavior Therapy*, 55(5), 1084-1097. <https://doi.org/10.1016/j.beth.2024.04.001>
12. **Christian, C.**, Butler, R.M., *Burr, E.K., Levinson, C.A. (2024). An intensive time series investigation of the relationships across eating disorder-specific fear responses and behavior urges in partially remitted anorexia nervosa. *Journal of Anxiety Disorders*, 102, 102804. <https://doi.org/10.1016/j.janxdis.2023.102804>
13. Levinson, C.A., **Christian, C.**, Becker, C. B. (2024). How idiographic methodologies can move the clinical science field forward to integrate personalized treatment into every-day clinical care and improve treatment outcomes. *Clinical Psychological Science*. <https://doi.org/10.1177/216770262312173>

14. Butler, R.M., Crumby, E., **Christian, C.**, Brosos, L.C., Vanzhula, I.A., & Levinson, C.A. (2023). *Facing Eating Disorder Fears: An open trial adapting prolonged exposure to the treatment of eating disorders. Behavior Therapy, 55*(2), 347-360. <https://doi.org/10.1016/j.beth.2023.07.008>
15. ****Christian, C.**, ****Nicholas, J.K.**, Penwell, T., Levinson, C.A. (2023). Profiles of experienced and internalized weight-based stigma in college students across the weight spectrum: Associations with eating disorder, depression, and anxiety symptoms. *Eating Behaviors, 50*, 101772. <https://doi.org/10.1016/j.eatbeh.2023.101772>
16. **Christian, C.**, Zerwas, S.C., Levinson, C.A. (2023). The unique and moderating role of social and self-evaluative factors on perinatal eating disorder and depression symptoms. *Behavior Therapy, 55*(1), 122-135. <https://doi.org/10.1016/j.beth.2023.05.009>
17. **Christian, C.**, Vanzhula, I.A., ***Ciotti, V.**, Levinson, C.A. (2023). Development and validation of a broad and fear-adaptable measure of fear approach and application to common eating disorder fears. *Assessment, 31*(3), 602-616. <https://doi.org/10.1177/10731911231174469>
18. Levinson, C.A. Williams, B. M., **Christian, C.**, Hunt, R.A., Keshishian, A.C., Brosos, L.C., Vanzhula, I.A., Davis, G.D., Brown, M.L., Bridges-Curry, Z., Sandoval-Araujo, L.E., Ralph-Nearman, C. (2023). Personalizing eating disorder treatment using idiographic models: An open series trial. *Journal of Consulting and Clinical Psychology, 91*(1), 14–28. <https://doi.org/10.1037/ccp0000785>
19. **Christian, C.**, Cash, E., Cohen, D.A., Trombley, C.M., Levinson, C.A. (2023). Electrodermal activity and heart rate variability during exposure fear scripts predict trait-level and momentary social anxiety and eating disorder symptoms in an analogue sample. *Clinical Psychological Science, 11*(1), 134-148. <https://doi.org/10.1177/21677026221083284>
20. Nicholas, J. K., Penwell, T. E., **Christian, C.**, Overberg-Wagoner, K., Peiper, N. C., & Levinson, C. A. (2022). Eating disorder screening and treatment in a medically underserved state: Data collected by a legislative eating disorder council and implications for statewide assessment. *Administration and Policy in Mental Health and Mental Health Services Research, 50*, 342–355. <https://doi.org/10.1007/s10488-022-01240-z>
21. **Christian, C.**, Cusack, C.E., Ralph-Nearman, C., Spoor, S.P., Hunt, R.A., Levinson, C.A. (2022). A pilot, time-series investigation of depression, anxiety, and eating disorder symptoms in adults experiencing major depressive symptoms: The need for eating disorder assessment and research in depression. *Behavior Therapy, 54*(2), 214-229. <https://doi.org/10.1016/j.beth.2022.08.003>
22. **Christian, C.**, Levinson, C.A. (2022). An integrated review of fear and avoidance learning in anxiety disorders and application to eating disorders. *New Ideas in Psychology, 67*, 100964. <https://doi.org/10.1016/j.newideapsych.2022.100964>
23. Keshishian, A. C., **Christian, C.**, Williams, B. M., Spoor, S. P., Peiper, N., Levinson, C. A. (2022). A network analysis investigation of disordered eating across demographic and developmental subpopulations using a national epidemiological sample of high school students. *Behavior Therapy, 53*(3), 535-545. <https://doi.org/10.1016/j.beth.2021.12.005>
24. Levinson, C.A., Hunt, R.A., **Christian, C.**, Williams, B.M., Keshishian, A.C., Vanzhula, I.A., Teague, H. (2022). Longitudinal group and individual networks of eating disorder symptoms in individuals diagnosed with an eating disorder. *Journal of Psychopathology and Clinical Science, 131*(1), 58. <https://doi.org/10.1037/abn0000727>
25. Sahlan, R.N., Keshishian, A.C., **Christian, C.**, Levinson, C.A. (2022). Eating disorder and social anxiety symptoms in Iranian preadolescents: A network analysis. *Eating and Weight Disorders, 27*(5), 1855-1867. <https://doi.org/10.1007/s40519-021-01329-8>
26. Levinson, C.A., Hunt, R.A., Keshishian, A.C., Brown, M.L., Vanzhula, I.A., **Christian, C.** Brosos, L.C., Williams, B.M. (2021). Using individual networks to identify treatment targets for eating disorder treatment: a proof-of-concept study and initial data. *Journal of Eating Disorders, 9*(1), 1-18. <https://doi.org/10.1186/s40337-021-00504-7>

27. *Wong, V.Z., **Christian, C.**, Levinson, C.A. (2021). The unique and moderated relationships across repetitive negative thinking and disordered eating behaviors in adolescent girls, *Eating Behaviors*, 43, 101560. <https://doi.org/10.1016/j.eatbeh.2021.101560>
28. Bridges-Curry, Z., **Christian, C.**, Levinson, C.A. (2021). Network analysis of PTSD symptoms in a sample of polyvictimized youth. *Journal of Trauma and Dissociation*, 23(4), 401-415. <https://doi.org/10.1080/15299732.2021.1989115>
29. *Wong, V.Z., **Christian, C.**, Hunt, R.A., Levinson, C.A. (2021). Network investigation of eating disorder symptoms and positive and negative affect in a clinical eating disorder sample. *International Journal of Eating Disorders*, 54(7), 1202-1212. <https://doi.org/10.1002/eat.23511>
30. *Cusack, C.E., **Christian, C.**, Drake, J.E., Levinson, C.A. (2021). A network analysis of eating disorder symptoms and cooccurring alcohol use disorder symptoms among heterosexual and sexual minority college students. *Addictive Behaviors*, 118, 106867. <https://doi.org/10.1016/j.addbeh.2021.106867>
31. **Christian, C.**, Bridges-Curry, Z., Hunt, R.A., Ortiz, A.M.L., Drake, J.E., Levinson, C.A. (2021). Latent profile analysis of impulsivity and perfectionism dimensions and associations with psychiatric symptoms. *Journal of Affective Disorders*, 283, 293-301. <https://doi.org/10.1016/j.jad.2021.01.076>
32. **Christian, C.**, Keshishian, A.C., Levinson, C.A., Peiper, N.C. (2021). A network examination of risky behaviors in a state-level and national epidemiological sample of high school students. *Early Intervention in Psychiatry*, 15(6), 1650-1658. <https://doi.org/10.1111/eip.13107>
33. **Christian, C.**, *Ngo, B., Brosf, L.C., Levinson, C.A. (2020). Social appearance anxiety moderates the relationship between thin-ideal internalization and eating disorder symptoms cross-sectionally and prospectively in adolescent girls. *Eating and Weight Disorders - Studies on Anorexia, Bulimia and Obesity*, 26(6), 2065-2070. <https://doi.org/10.1007/s40519-020-01050-y>
34. Levinson, C. A., Williams, B.M., **Christian, C.** (2020). What are the emotions underlying feeling fat and fear of weight gain? *Journal of Affective Disorders*, 277, 146-152. <https://doi.org/10.1016/j.jad.2020.08.012>
35. Levinson, C.A., **Christian, C.**, Shankar Ram, S., Vanzhula, I.A., Brosf, L.C., Michelson, L.P., Williams, B.M. (2020). Imaginal exposure therapy for eating disorders decreases eating disorder symptoms and core eating disorder fears. *Journal of Affective Disorders*, 276, 585-591. <https://doi.org/10.1016/j.jad.2020.07.075>
36. Olatunji B.O., **Christian, C.**, Strachan, E., Levinson, C.A. (2020). Central and peripheral symptoms in network analysis are differentially heritable: a twin study of “anxious-misery.” *Journal of Affective Disorders*, 274, 986-994. <https://doi.org/10.1016/j.jad.2020.05.045>
37. Vanzhula, I.A., Sala, M., **Christian, C.**, Hunt, R.A., Keshishian, A., Wong, V.Z., Ernst, S., Spoor, S., & Levinson, C. A. (2020). Avoidance coping during mealtimes predicts an increase in eating disorder symptoms. *International Journal of Eating Disorders*, 53(4), 625-630. <https://doi.org/10.1002/eat.23254>
38. **Christian, C.**, Williams, B. M., Hunt, R.A., Wong, V.Z., Ernst, S.E., Spoor, S.P., Vanzhula I.A., Tregarthen J.P., Forbush, K.T., Levinson, C. A. (2020). A network investigation of core symptoms and pathways across duration of illness using a comprehensive cognitive-behavioral model of eating-disorder symptoms. *Psychological Medicine*, 51(5), 815-824. <https://doi.org/10.1017/S0033291719003817>
39. **Christian C.**, Martel, M.M., Levinson, C.A. (2020). Emotion regulation difficulties, but not negative urgency, are associated with attention-deficit/hyperactivity disorder and eating disorder symptoms in undergraduate students. *Eating Behaviors*, 36, 101344. <https://doi.org/10.1016/j.eatbeh.2019.101344>
40. **Christian, C.**, Perko, V. L., Vanzhula, I.A., Tregarthen, J.P., Forbush, K.T., Levinson, C. A. (2019). Eating disorder core symptoms and symptom pathways across developmental stages: a network analysis. *Journal of Abnormal Psychology*, 29(2), 177. <https://doi.org/10.1037/abn0000477>
41. Farrell, N. R., Brosf, L. C., Vanzhula, I. A., **Christian, C.**, Bowie, O. R., & Levinson, C. A. (2019). Exploring mechanisms of action in exposure-based cognitive behavioral therapy for eating disorders: The role of eating-related fears and body-related safety behaviors. *Behavior Therapy*, 50(6), 1125-1135. <https://doi.org/10.1016/j.beth.2019.01.008>
42. Levinson, C. A., Vanzhula, I. A., **Christian, C.** (2019). Development and validation of the eating disorder fear questionnaire and interview: preliminary investigation of eating disorder core fears. *Eating Behaviors*, 35, 101320. <https://doi.org/10.1016/j.eatbeh.2019.101320>

43. Levinson, C. A., **Christian, C.**, Vanzhula, I. A. (2019). Manipulating the theoretical framing of exposure therapy for eating disorders impacts clinicians' treatment preferences. *Eating and Weight Disorders - Studies on Anorexia, Bulimia and Obesity*, 25(5), 1205-1212. <https://doi.org/10.1007/s40519-019-00751-3>
44. Olatunji, B. O., **Christian, C.**, Brosof, L.C., Tolin, D. F., & Levinson, C. A. (2019). What is at the core of ocd? A network analysis of selected obsessive-compulsive symptoms and beliefs. *Journal of Affective Disorders*, 257, 45-54. <https://doi.org/10.1016/j.jad.2019.06.064>
45. Levinson C.A., **Christian, C.**, Shankar Ram, S., Brosof, L.C., Williams, B.M. (2019). Sensor technology implementation for research, treatment, and assessment of eating disorders. *International Journal of Eating Disorders*, 52(10), 1176-1180. <https://doi.org/10.1002/eat.23120>
46. **Christian, C.**, Brosof, L. C., Vanzhula I.A., Williams, B. M., Shankar Ram, S., Levinson, C. A. (2019). Implementation of a dissonance-based, eating disorder prevention program and investigation of eating disorder comorbidities and risk factors in southern, all-female high schools. *Body Image*, 30, 26-34. <https://doi.org/10.1016/j.bodyim.2019.05.003>
47. Levinson, C. A., Brosof, L. C., Vanzhula, I. A., **Christian, C.**, Jones, P., Rodebaugh, T. L. & Fernandez, K. (2018). Social anxiety and eating disorder comorbidity and underlying vulnerabilities: Using network analysis to conceptualize comorbidity. *International Journal of Eating Disorders*, 51(7), 693-709. <https://doi.org/10.1002/eat.22890>

PAPER TALKS, PANELS, AND WORKSHOPS (23)

* Denotes project involving mentorship of undergraduate, post-bacc, or graduate student

1. **Christian, C.** (2025, August). *Eating Disorder Symptoms During Pregnancy and Postpartum: A Critical Concern for Maternal Healthcare*. Presented at the American Psychological Association's Psychological Science in 3 (PS-3) competition. Denver, CO.
2. **Christian, C.**, *Clark, S. R. (2023, November). *"I hated being treated like I was broken": Body image and perinatal healthcare experiences among postpartum women across the weight spectrum*. In Goel, N. and Schueler, J. (chairs): Celebrating the Versatility, Utility, and Equitability of Qualitative Methods in Eating Disorders and Body Image Research. Paper presented at the 2023 Association for Behavioral and Cognitive Therapies Annual Convention, Seattle, WA.
3. **Christian, C.**, Sandoval-Araujo, L.E., Clark, S.R., Levinson, C.A. (2022, November). *Eating disorder symptoms and symptom changes across pregnancy predict postpartum depression over and above depressive symptoms during pregnancy*. In Christian, C. (chair): The role of eating disorder symptoms across underrepresented groups in eating disorder research: What non-eating disorder professionals and researchers need to know. Paper presented at the 2022 Association for Behavioral and Cognitive Therapies Annual Convention, New York City, NY.
4. Farrell, N.R., Christian, C., Levinson, C.A. (2022, November). *Does Early Change Predict Treatment Outcome in CBT for Eating Disorders? The Unique Roles of Body Avoidance and Checking Behaviors*. In Nicholas, J. (chair): Mechanisms of Change in Exposure Therapy for Eating Disorders. Paper presented at the 2022 Association for Behavioral and Cognitive Therapies Annual Convention, New York City, NY.
5. Nicholas, J.K., Penwell, T.E., Christian, C., Overberg-Wagoner, K., Peiper, N., Levinson, C.A. (2022, November). *Eating Disorder Assessment and Treatment Practices in Primary Care in a Rural State: Leveraging a State Research Council to Identify Provider-focused Barriers to Treatment*. In Nicholas, J. and Spoor, S., (chairs): Barriers to Treatment Access Among High Mortality and Underserved Mental Health Populations in the United States. Paper presented at the 2022 Association for Behavioral and Cognitive Therapies Annual Convention, New York City, NY.
6. Cusack, C.E., Ralph-Nearman, C., **Christian, C.**, Fisher, A.F., & Levinson, C.A. (2022, May). *Using centrality metrics from idiographic networks to predict change in depressive symptoms*. In Cusack, C.E. (chair): Investigating psychopathology as dynamical systems: using time-intensive longitudinal data to predict clinical outcomes and inform interventions. Paper presented at the 2022 Association for Psychological Science Annual Convention, Chicago, IL.

7. Hunt, R.A., Cusack, C.E., **Christian, C.**, & Levinson, C.A. (2022, May). *Future- and past-oriented emotions associations with momentary and prospective mealtime avoidance and physical discomfort*. In Cusack, C.E. (chair): Investigating psychopathology as dynamical systems: using time-intensive longitudinal data to predict clinical outcomes and inform interventions. Paper presented at the 2022 Association for Psychological Science Annual Convention, Chicago, IL.
8. Levinson C.A., Williams, B.M., Vanzhula, I.A., **Christian C.**, Keshishian, A.C., Hunt, R.A., Brosos, L.C. (2021, November). *Network-informed personalized treatment for eating disorders*. In C. Christian (chair): Applications and Considerations for Data-Driven Personalized Treatments across forms of Psychopathology. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.
9. **Christian, C.**, Hunt, R.A., Bridges-Curry, Z., Ortiz, A.M.L., Drake, J.E., Levinson, C.A. (2021, June). *Patterns of impulsivity and perfectionism dimensions: associations with eating disorder behaviors, cognitions, and expectancies*. Paper presented at the Virtual International Conference of Eating Disorders.
10. *Cusack, C.E., **Christian, C.**, *Drake, J.E., & Levinson, C.A., (2021, June). *A network analysis of eating disorder symptoms and co-occurring alcohol misuse among heterosexual and sexual minority college students*. Paper presented at the annual International Conference on Eating Disorders (virtual)
11. Keshishian, A. C., **Christian, C.**, Farrell, N. R., Levinson, C.A. (2021, June). *A network analysis of avoidant/restrictive food intake disorder symptoms in a heterogeneous sample of patients with eating disorders*. Paper presented at the 2021 International Conference on Eating Disorders.
12. **Christian, C.**, Cash, E., Trombley, C.M., Cohen D.A., Levinson, C.A. (2020, November). *Electrodermal activity and heart rate variability during exposure fear scripts predict eating disorder symptoms*. Paper presented at the annual Obesity and Eating Disorders Special Interest Group (OED-SIG) Meeting at the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
13. Vanzhula, I.A., **Christian, C.**, Ernst, S., Drake, J., & Levinson, C.A. (2020, November). *Item selection approaches in network analysis: an eating disorder network example*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania. In D. Jordan: Novel Analytic Methods for Clinical Science: Recent Approaches to Modeling Psychopathology.
14. Levinson, C.A., Vanzhula I.A., Brosos, L. C., **Christian, C.** (2020, November). Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania. *An in-person prolonged imaginal exposure therapy protocol for eating disorders is associated with decreased eating disorder symptoms, anxiety, and eating disorder fears*. In Butler, R.M. New Directions in Exposure Therapy for EDs.
15. **Christian, C.**, Levinson, C.A. (November, 2019). *Examining the relationship between time of day and eating disorder cognitions and behaviors: a network perspective*. In C. Christian & P.D. Soyster (chairs): The Influence of Time of Day on Psychopathology and Implications for In-the-Moment and Personalized Interventions. Paper presented at the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
16. **Christian, C.**, Levinson C.A. (November, 2019) *Clinical psychology student involvement in the dissemination of an eating disorder prevention program at local high schools*. In L. Stutts (moderator): Integrating Community-Based Projects in the Training of Clinical Scientists for Social Impact. Panel presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
17. Levinson, C. A., **Christian, C.**, Vanzhula, I. A. (2019, November). *Manipulating the theoretical framing of exposure therapy for eating disorders impacts clinicians' treatment preferences*. In N. Farrell (chair): Towards an Improved Characterization of Positive and Negative Valence Systems in Eating Disorders. Paper presented at the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
18. Levinson, C.A., **Christian, C.**, Shankar Ram, S., Vanzhula, I.A., Brosos, L.C., Michelson, L.P., Williams, B.M. (2019, September). *Eating disorder symptoms and core eating disorder fears decrease during online imaginal exposure therapy for eating disorders*. Paper presented at the Annual Meeting of the Eating Disorder Research Society, Chicago, IL.
19. Brosos, L.C., **Christian, C.**, Knight, L., Hunt, K.J., Depue, B.E., & Levinson, C.A. (2019, March) *Imaginal exposure eating disorder fear scripts are associated with increased activation related to threat and internally*

processed thought compared to neutral scripts: A proof-of-concept fMRI study. Paper presented at the International Conference on Eating Disorders, New York City, NY.

20. Shankar Ram, S., **Christian, C.**, & Levinson, C. A. (2018, November). *Shared vulnerabilities and associations between fear of negative evaluation, social anxiety, eating disorder symptoms and obsessive-compulsive symptoms.* Paper presented at the annual Obesity and Eating Disorders Special Interest Group (OED-SIG) Exposition of the Association for Behavioral and Cognitive Therapies, Washington, DC.
21. Vanzhula I.A., **Christian, C.**, Brosos, L. C., Shankar Ram, S., Michelson, L., Levinson, C. A. (2018, November). *Rumination and lack of mindful awareness prospectively predict eating disorder symptoms.* Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
22. Levinson, C.A., **Christian, C.**, Vanzhula, I.A. (2018, April). *Development and validation of the eating disorder fear questionnaire and interview.* Paper presented at the International Conference on Eating Disorders, Chicago, IL.
23. Levinson, C.A., Vanzhula, I.A., Brosos, L.C., Michelson, L.M., **Christian, C.**, Calebs, B., Fewell, L.K. (2017, November). *A trial of online imaginal exposure therapy for eating disorder related fears in individuals with anorexia nervosa.* In Farrell, N (chair). *A New Way Forward? Novel Applications of Exposure-Based Therapy in the Context of Eating Disorders.* Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.

POSTER PRESENTATIONS (35)

* Denotes project involving mentorship of undergraduate, post-bacc, or graduate student

1. **Christian, C.**, *Tapp, AL., Neiser, A., Stalvey, E., Zhu, J., Tortolani, C., McGuier, E., Heard Egbert, A., Goldschmidt A.B. (2026, October). *A thematic analysis of community stakeholder experiences in the implementation of family-based treatment for adolescent anorexia nervosa delivered in the home.* Poster to be presented at the annual meeting for the Eating Disorder Research Society, Vienna, Austria.
2. Kinkel-Ram, S., **Christian, C.**, Call, C.C., Donofry, S.D., Hawkins, M.S., Jouppe, R.J., Levine, M.D., (2026, October). *Weight Bias Internalization and Disordered Eating Symptoms in Pregnancy and Postpartum.* Poster to be presented at the annual meeting for the Eating Disorder Research Society, Vienna, Austria.
3. **Christian, C.**, Donofry, S.D., Jouppe, R.J., Kinkel-Ram, S., Kolko Conlon, R.P., Levine, M.D. (2026, June). *Differential Trajectories of Depression Symptoms during Pregnancy and Prospective Associations with Postpartum Eating Disorder Symptoms and Cardiovascular Health Behaviors.* Poster to be presented at the University of Pittsburgh Psychiatry Annual Research Day, Pittsburgh, PA.
4. **Christian, C.**, *Ciotti, V., Vanzula, I.A., Levinson, C.A. (2025, August). *The Development and Validation of a Broad and Fear-Adaptable Measure of Fear Approach.* Poster presented at the Annual Meeting of the American Psychological Association, Denver, CO.
5. **Christian, C.**, Bridges-Curry, Z., Donofry, S., Call, C.C., Brown, L., Hawkins, M.S., Levine, M.D. (2025, June). *Multivariate Trajectory Modeling of Eating Disorder Symptoms across the Perinatal Period.* Poster presented at the University of Pittsburgh Psychiatry Annual Research Day, Pittsburgh, PA.
6. *Harvie, V.B., *Neiser, A., **Christian, C.**, *Hudson, C.M., Hammer, M., *Bell, V.E., Kinkel-Ram, S., Kolko Conlon, R.P., Goldschmidt A.B. (2025, June). *Breakfast skipping among children: Associations with body mass index, food insecurity, and cognitive function.* Poster presented at the University of Pittsburgh Psychiatry Annual Research Day, Pittsburgh, PA.
7. **Christian, C.**, *Hudson, C.M., *Bell, V.E., Goldschmidt A.B. (2025, April). *Implicit approach-avoidance bias for body and food-related stimuli among individuals with anorexia nervosa in partial remission.* Poster presented at the Annual University of Pittsburgh Postdoctoral Research Symposium, Pittsburgh, PA.
9. **Christian, C.**, *Bell, V.E., Haedt-Matt, A.A., Engel, S.G., Thomas, J.G., Hart, C.N., Saletin, J.M., Goldschmidt A.B. (2024, June). *Associations across specific affective states and eating-related experiences among adolescents with higher weight.* Poster presented at the University of Pittsburgh Psychiatry Annual Research Day, Pittsburgh, PA.

10. Buzanis, S., Jakubowski, K.P., **Christian, C.**, Griffith, J.M., Pale, M., Gopalan, P.R., Spada, M.L. (2024, June). *Developing a brief clinical pathway for trauma-focused management of individuals with trauma histories admitted to the medical hospital*. Poster presented at the Pitt Psychiatry Annual Research Day, Pittsburgh, PA.
11. *Shah, K., Fitterman-Harris, H. F., **Christian, C.**, & Levinson, C. A. (2024, May). *The impact of depression, anxiety, stress, and eating disorder symptoms on postpartum bonding*. Poster presented at the EAT Lab Spring Undergraduate Research Symposium, Louisville, KY.
12. *Ciotti, V., **Christian, C.**, Vanzhula, I.A., Levinson, C.A. (2022, November). *Adapting the Fear Approach and Avoidance Measure to Fears of Food and Gaining Weight*. Poster presented at the Eating Disorder and Eating Behavior Special Interest Group at the 56th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
13. **Christian, C.**, Nicholas, J. K., Penwell, T.E., Levinson, C.A. (2022, September). *Profiles of weight stigma in college students across the weight spectrum: associations with eating disorder, depression, and social anxiety symptoms*. Poster presented at the annual meeting of the Eating Disorder Research Society, Philadelphia, PA.
14. *Hillmer, L.L., **Christian, C.**, Levinson, C.A. (2021, December). *Demographic factors influence eating disorder symptoms and body dissatisfaction during pregnancy*. Poster presented at the University of Louisville Virtual Fall Undergraduate Poster Session.
15. **Christian, C.**, Levinson C.A. (2021, September). *Social and self-evaluative factors influence the relationship between eating disorder symptoms and depressive symptoms during pregnancy*. Poster presented at the annual meeting of the Eating Disorder Research Society, Boston, MA.
16. Cusack, C. E., Ralph-Nearman, C., **Christian, C.**, & Levinson, C. A. (2021, September). *Depressive, anxiety, and eating disorder symptom dynamics: A time-intensive, idiographic approach to exploring depression heterogeneity* [poster presentation]. Presented at Treatment Selection Idea Lab's Two Days of Precision Medicine in Mental Health Conference, Trier, Germany (virtual due to COVID-19).
17. **Christian, C.**, Levinson C.A. (2021, June). *The influence of emotional avoidance on response to imaginal exposure fear scripts in individuals with low and high eating disorder symptoms*. Poster presented at the Virtual International Conference of Eating Disorders.
18. *Drake, J.E., **Christian, C.**, & Levinson, C.A., (2021, June). *Dimensions of emotion regulation difficulties are shared and unique vulnerabilities for eating disorder and posttraumatic stress disorder symptoms*. Poster presented at the annual International Conference on Eating Disorders (virtual due to COVID-19)
19. Keshishian, A. C., Nahid, R., **Christian, C.**, Levinson, C. A. (2021, June). *Eating disorder and social anxiety symptoms in Iranian preadolescents: A network analysis*. Poster presented at the 2021 International Conference on Eating Disorders.
20. *Drake, J. E., **Christian, C.**, & Levinson, C. A. (2021, January). *A network investigation of eating disorder symptoms and risk factors before and after a prevention program in adolescent girls*. Poster presented at the National Collegiate Research Conference, Harvard University, MA.
21. Keshishian, A. C., **Christian, C.**, Peiper, N., & Levinson, C. A. (2020, November). *A network analysis investigation of disordered eating across demographic and regional subpopulations using a national epidemiological sample*. Poster presented at 54th annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
22. *Drake, J. E., **Christian, C.**, & Levinson, C. A. (2020, November). *Social appearance anxiety is strongly related to eating disorder symptoms regardless of age in both clinical eating disorder and nonclinical cases*. Poster presented at the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
23. **Christian, C.**, *Ernst, S.E., Levinson, C. A. (2019, November). *Eating disorder core symptoms and symptom pathways across developmental stages: a network analysis*. Poster presented to the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
24. Vanzhula, I.A., **Christian, C.**, Jones, P., Brosos, L.C., Forbush, K.T., Smith, K., Tregarthen, J. Farrell, N.R., Levinson, C.A. (2019, September) *evidence for the replicability of eating disorder psychological networks in five samples: conceptual and methodological considerations*. Poster presented at the Annual Meeting of the Eating Disorder Research Society, Chicago, IL.

25. *Wong, V., **Christian, C.**, Levinson, C.A., (2019, August). *Differing mechanisms of repetitive negative thought for fast and binge behaviors*. Poster presented at the Summer Research Opportunity Program Symposium, Louisville, KY.
26. Bridges-Curry, Z., **Christian, C.** (2019, May) *network analysis of trauma symptoms among polyvictimimized youth*. Poster presented at the annual meeting of the Association for Psychological Science, Washington, D.C.
27. **Christian, C.**, Levinson, C.A. (2019, March). *The role of anxiety sensitivity in eating disorder behaviors: body dissatisfaction predicts social anxiety sensitivity*. Poster presented at the International Conference of Eating Disorders, New York City, NY.
28. **Christian, C.**, Levinson, C. A. (2018, November). *Shared and Unique Vulnerabilities for Alcohol Abuse and Binge Eating*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
29. Vanzhula I.A., **Christian, C.**, Perko, V., Levinson, C.A., Forbush, K., Tregarthen, J. (2018, November). *Core symptoms of eating disorders: using network analysis to examine variability across eating disorder diagnoses*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
30. Brosof, L. C., Vanzhula, I.A., Shankar Ram, S., **Christian, C.**, Michelson, L., & Levinson, C.A. (2018, November). *Interacting risk factors: Higher emotional impulsivity and lower maladaptive perfectionism is associated with higher bulimic symptoms*. In L.C. Brosof: Transdiagnostic processes in eating disorders: How shared mechanisms can inform treatment. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington D.C.
31. Vanzhula I.A., Sala, M., **Christian, C.**, Levinson, C.A. (2018, November). *Avoidance predicts lower anxiety in the short-term but increased eating disorder symptoms over time*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
32. *Coale, K., Vanzhula, I. A., **Christian, C.**, & Levinson, C. A. (2018, November). *Shame, fear of food, and fear of weight gain uniquely relate to eating disorder psychopathology*. Poster presented at the Association for Behavioral and Cognitive Therapies, Washington, DC.
33. Vanzhula, I.A., Christian, C., Calebs, B., Levinson, C.A. (2018, April). *Irritability and concentration difficulties link eating disorder and ptsd symptoms: understanding comorbidity with network analysis*. Poster presented at the International Conference on Eating Disorders, Chicago, IL.
34. Brosof, L.C., Vanzhula, I.A., **Christian, C.**, Levinson, C.A. (2018, April). *Concern over mistakes bridges social anxiety and eating disorder symptoms: a network analysis*. Poster presented at the annual conference of the Anxiety and Depression Association of America, Washington, DC.
35. **Christian, C.**, Vanzhula I.A., Calebs, B., Brosof, L.C., Michelson, L.P., Stratigis, K.Y., Hicks-Chambers, A., Toon, A.E., Fewell, L.K., Levinson, C.A. (2018, February). *Effectiveness of online imaginal exposure therapy in treating eating disorders*. Poster presented at Posters at the Capitol, Frankfort, KY.

RESEARCH EXPERIENCE

Sept. 2023 – June 2026	Clinical Intern and Postdoctoral Fellow Behavioral Investigations of Children's and Teen's Eating (BITE) Lab University of Pittsburgh, Pittsburgh, PA Supervisor: Dr. Andrea Goldschmidt, Ph.D.
Sept. 2024 – June 2026	Postdoctoral Fellow Perinatal Health and Behavior (PHAB) Research Group University of Pittsburgh, Pittsburgh, PA Supervisor: Dr. Michele Levine, Ph.D.
July 2018 – May 2023	Graduate Student Eating Anxiety Treatment Laboratory and Clinic University of Louisville, Louisville, KY

Supervisor: Dr. Cheri Levinson, Ph.D.

Jan. 2017 – Dec. 2017

**Research Assistant
Neal Laboratory**

University of Louisville School of Public Health, Louisville, KY
Supervisor: Dr. Rachel Neal

Jan. 2016 – Aug. 2016

**Research Assistant
Infant Cognition Laboratory**

University of Louisville, Louisville, KY
Supervisor: Dr. Cara Cashon

June 2015 – Aug. 2015

Summer Undergraduate Research Fellowship (SURF)

Cincinnati Children's Hospital, Cincinnati, OH
Supervisor: Dr. Hermine Brunner

CLINICAL AND ASSESSMENT EXPERIENCE

June 2026 – Present

Contracting Psychologist

Center for CBT & Mindfulness

June 2025 – August 2026

Contracting Psychologist

Grow Therapy

June 2024 – Nov. 2025

Psychodiagnostic Assessment (SCID-5) Psychologist

Mindful Moms
PHAB Lab, University of Pittsburgh
Supervisor: Dr. Shannon Donofry

Sept. 2023 – Aug. 2024

Western Psychiatric Hospital Clinical Intern

Psychotherapy Training Clinic, UPMC Center for Treatment of OCD, Psychiatric
Emergency Services, UPMC Magee-Womens Hospital, UPMC Center for Eating
Disorders
University of Pittsburgh and Western Psychiatric Hospital
Supervisory Directors: Drs. Michele Levine, Ph.D. and Tina Goldstein, Ph.D.

Aug. 2022 – April 2023

Practicum Student

Behavioral Wellness Clinic
Louisville, KY
Supervisor: Dr. Alex Pruitt, Psy.D.

July 2021 – July 2022

Practicum Student

Louisville Obsessive Compulsive Disorder (OCD) Clinic
Louisville, KY
Supervisor: Dr. Street Russell, Psy.D.

July 2020 – Aug. 2021

Practicum Student

Lindner Center of Hope
Cincinnati, OH
Supervisors: Dr. Allison Mecca, Psy.D. and Dr. Elizabeth Mariutto, Psy.D.

Sep. 2018 – July 2021	Student Therapist Psychological Services Center Psychotherapy Rotations University of Louisville, Louisville, KY Supervisors: Dr. Alex Pruitt, Psy.D., and Dr. Cheri Levinson, Ph.D.
Sep. 2018 – May 2021	Group Facilitator ANAD Support Group University of Louisville, Louisville, KY Supervisors: Dr. Alex Pruitt, Psy.D., and Dr. Cheri Levinson, Ph.D.
May 2019 – May 2021	Student Assessment Therapist Psychological Services Center Assessment Rotation University of Louisville, Louisville, KY Supervisors: Dr. Bernadette Walter, Ph.D. and Dr. David Winsch, Ph.D.
May 2017 – May 2023	Study Therapist and Assessor Eating Anxiety Treatment Laboratory and Clinic University of Louisville, Louisville, KY Supervisor: Dr. Cheri Levinson, Ph.D.

TEACHING EXPERIENCE

Invited Speaker or Guest Lecturer

October 2025	<i>Exposure and Response Prevention for OCD</i> Department of Psychology <i>Audience:</i> Second year clinical psychology PhD students <i>Setting:</i> University of Pittsburgh, PA
June 2025	<i>Eating Disorder Symptoms and Symptom Changes across Pregnancy and Postpartum</i> Research Network on Eating and Weight Bias (ReNEW) <i>Audience:</i> Pittsburgh Eating Disorder Professionals <i>Setting:</i> Virtual
February 2025	<i>Ethical Considerations in Eating Disorder Treatment</i> Ethics in Action <i>Audience:</i> Undergraduate students in bioethics club <i>Setting:</i> University of Pittsburgh, Pittsburgh, PA
July 2024	<i>Weight Stigma and Cardiovascular Health among Women with Higher Weight</i> UPMC residency journal club <i>Audience:</i> Psychiatry residents and faculty <i>Setting:</i> University of Pittsburgh, Pittsburgh, PA
July 2024, Aug. 2025	<i>Acceptance and Commitment Therapy</i> Center for Advanced Psychotherapy <i>Audience:</i> Psychiatry residents <i>Setting:</i> Western Psychiatric Hospital, Pittsburgh, PA
April 2024	<i>New Approaches to Improving Treatment and Health Parity for Eating Disorders</i> Cardiovascular Behavioral Medicine T32 training program <i>Audience:</i> T32 Faculty and Trainees <i>Setting:</i> University of Pittsburgh, Pittsburgh, PA
March 2024	<i>All Bodies are Good Bodies: Promoting Health, Equity, and Health Equity in a Diet Culture Society</i> Department of Education

March 2022	<i>Audience:</i> Counseling Psychology Faculty and Students <i>Setting:</i> University of Denver, Denver, CO <i>Psychotherapy and Psychopharmacological Interventions for Eating Disorders</i> <i>Class:</i> Seminar <i>Audience:</i> Psychiatry residents <i>Setting:</i> University of Louisville, Louisville, KY
June 2021	<i>Exposure-based Treatment for Eating Disorders</i> <i>Audience:</i> Interdisciplinary team of eating disorder providers, including doctors, nurses, social workers, dietitians, and psychologists <i>Setting:</i> Lindner Center of Hope, Mason, OH
April 2021	<i>Infant and Child Nutrition and Eating Disorders</i> <i>Class:</i> Introduction to Clinical Interventions <i>Audience:</i> Undergraduate psychology students <i>Setting:</i> University of Louisville, Louisville, KY
March 2021	<i>Fear-Based Models of Eating Disorders</i> <i>Class:</i> Eating Disorder Seminar <i>Audience:</i> Clinical psychology graduate students <i>Setting:</i> Hofstra University, Hempstead, NY
Oct. 2020, Oct. 2021	<i>Evidence-Based Assessment and Treatments for Eating Disorders</i> <i>Class:</i> Introduction to Clinical Interventions <i>Audience:</i> First year clinical psychology graduate students <i>Setting:</i> University of Louisville, Louisville, KY
July 2020 – Dec. 2021	Graduate Teaching Assistant University of Louisville, Louisville, KY <i>Health Psychology</i> Distance-Ed; Fall 2021 Supervisor: Dr. Barbara Stetson <i>Infant and Child Development</i> Distance-Ed; Spring 2021 Supervisor: Dr. Sara Bufferd <i>Quantitative Methods in Psychology</i> Fall 2020 Supervisor: Dr. Maria Kondaurava
Jan. 2016 – Dec. 2017	Tutor and Supplemental Instruction Leader REACH, University of Louisville, Louisville, KY

MENTORSHIP AND SUPERVISION EXPERIENCE

Mar. 2024 – June 2026	ACT and CBT Supervisor and Consultant Center for Advanced Psychotherapy, Pittsburgh, PA
July 2024 – June 2026	Study Coordinator and Research Assistant Mentor BITE Lab, University of Pittsburgh, Pittsburgh, PA
June. 2025 – Aug. 2025	Clinical Psychology Extern Supervisor UPMC Center for OCD, Pittsburgh, PA
April 2024 – July 2024	Acceptance and Commitment Therapy Consultation Group Leader

	UPMC Adult Outpatient Services 12-week didactic and consultation group
Sep. 2021 – ongoing	Academy for Eating Disorders Early Career Mentor/Mentee Program Mentor
Aug. 2019 – May 2022	Clinical Peer Supervisor Psychological Services Center, University of Louisville, Louisville, KY
Dec. 2018 – May 2020	Founder and Student Advisor The Body Project Chapter at the University of Louisville
Aug. 2018 – May 2023	Clinical Peer Supervisor EAT Lab, University of Louisville, Louisville, KY
July 2018 – May 2023	Research Assistant Supervisor EAT Lab, University of Louisville, Louisville, KY Mentored Undergraduate Honors Theses:
Defended March 2021	Jordan Drake - <i>A Network Investigation of Eating Disorder Symptoms and Risk Factors Before and After a Prevention Program in Adolescent Girls</i>
Defended April 2022	Samantha Minrath - <i>Exercise Dependence, Affect, and Eating Disorder Symptoms After Treatment Discharge</i>

COMMUNITY AND UNIVERSITY INVOLVEMENT

June 2019 – Present	Ad Hoc Reviewer
Oct. 2023 – June 2026	UPMC Diversity, Inclusion, Cultural Humility, and Equity (DICE) Committee
Feb. 2021 – May 2023	Kentucky Eating Disorder Council • Early Detection, Intervention, and Prevention Subcommittee Member
Feb. 2019 – May 2020	Statistics Club Committee and Founding Member
Jan. 2019 – Dec. 2021	EAT Lab Research Assistant Coordinator
Jan. 2018 – May 2023	Body Project Trainer and Facilitator Louisville, KY
Annually 2018 – 2024	National Eating Disorder Association Walk
Annually 2018 – 2024	National Depression Screening Day

CURRENT PROFESSIONAL AFFILIATIONS

2026 – Present	Society for Health Psychology
2023 – Present	Pennsylvania Psychological Association
2021 – Present	Society for a Science of Clinical Psychology
2018 – Present	Association for Cognitive & Behavioral Therapies
2017 – Present	American Psychological Association