REED COLLEGE
DISABILITY & ACCESSIBILITY RESOURCES
3203 SE Woodstock Boulevard, Portland, Oregon 97202-8199
phone: 503/517-7921 fax: 503/517-5532 email: dar@reed.edu

Disability Documentation for ESA Housing Requests

Reed College

The student named below is requesting an Emotional Support Animal (ESA) as a disability accommodation in campus housing. Reed College reviews each request individually to determine whether the student has a disability and whether the ESA is necessary to afford the student an equal opportunity to use and enjoy campus housing.

Mental health providers do not need to use this specific form to provide information about a student's disability, but all the information requested here is necessary in order for Reed College to consider the student's request for an ESA. Alternatively, providers may write a letter. The letter must be on letterhead, signed and dated, and include all information requested in this form.

This form must be completed by a licensed mental health professional who:

- has an ongoing therapeutic relationship with the student,
- does not have a family relationship with the student,
- is acting within the scope of their professional license, and
- has sufficient personal knowledge of the student's disability to provide individualized clinical information.

If hand-writing your responses, please ensure your responses are fully legible.

Please note that students will have access to the information you provide in this form.

Student Information

Full name: _____

Date of birth: _____

Provider Information

Printed name and title:

_____

_____

Type of license/credentials: _____

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State of license: _____

Area(s) of specialization: _____

Address: _____

Email: _____

Phone: _____ Fax: _____

Date of completion of this form (must be within the past 12 months): _____

Provider signature: _____

Animal Information

Proposed type of animal (e.g., cat, dog): _____

If known, the proposed ESA's name and age: _____

Disability Information

Please list the student's mental health diagnoses and the date of onset (or initial diagnosis) for each condition:

Please describe the expected duration and progression of each condition (e.g., temporary vs. chronic; intermittent or episodic; in remission; etc.).

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When did you first begin treating the student for this condition, and when did you most recently meet with the student?

How often do you currently meet with the student for treatment of this condition?

Please describe the specific symptoms the student experiences, including the **frequency**, **severity**, and **duration** of symptoms. If relevant, please describe how these symptoms affect the student's ability to live in a communal housing environment. (Please note that listing DSM diagnostic criteria or providing generalized information about commonly associated symptoms is not sufficient. Please provide individualized information specific to this student.)

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Please describe how and why the animal's presence provides a substantial therapeutic benefit related to the student's mental health disability. This information is essential for helping us to determine the connection between the student's disability and the need for an ESA in campus housing. Please provide individualized clinical information. For example:

- Which symptoms are reduced or mitigated by having an ESA, and to what extent?
- How does the ESA's presence mitigate those symptoms? Rather than a general statement like "The animal helps with anxiety," please explain the mechanism or process by which the animal provides support.
- How does the student's functioning improve when the ESA is present in housing?
- If the ESA were not permitted in campus housing, what impact would you anticipate on the student's symptoms and functioning?
- If applicable, has an ESA (this animal or another one) previously helped this student? Please describe.

Dogs and cats are most commonly requested as ESAs. If another type of animal is being suggested for this student, please share why that animal is particularly appropriate for this student's needs.

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Students with approved ESAs must take full responsibility for the animal's care and comply with Reed's ESA contract. We invite you to share any concerns about how these obligations might impact the student's mental health or functioning:

Thank you for providing this information. Reed College considers every accommodation request on an individualized basis.