



HIGHER EDUCATION

College Students have faced more stressors and overcome more obstacles than any previous generation to stay in school and prioritize their education.

87.1% of students surveyed ranked their stress over the past year between 5 and 10 on a 10-point scale.

OUR GOAL

Our goal is to keep students in the classroom and to prepare them for the challenges which will inevitably come their way. We want to help universities retain students by providing content specifically designed to help them handle the unique situations they face on a day-to-day basis. We prevent burnout in students and strengthen their resilience, decreasing the number of students who drop out due to mental health issues. We make this possible by connecting students to on-campus resources and preventively strengthening their mental health using skill-based courses designed for students in higher education.

40.7% of students surveyed claimed their health was their biggest stressor.

FEATURES



24/7 Access
to Resources



3-Minute
Videos



Personalized
Support

75% of students surveyed said they would love an app to manage their mental health.





Services Provided by Joyages	
<p>Joyages App</p> <ul style="list-style-type: none"> • 24/7 access to video content courses • Education-specific content produced by psychologists and education experts • Unlimited access for students and their family members to the Joyages app • Clinical Health Risk Assessments 	
<p>Additional Features</p> <ul style="list-style-type: none"> • Custom communication and marketing plan provided • Completely confidential – neither school personnel nor Joyages staff will know by name who engages with the app or have access to personal information • Joyages staff can attend onsite or online events (open enrollment, student orientation, health fairs, etc.) • Email campaign for internal promotion • Meeting with Joyages implementation team 	Included
<p>Training</p> <ul style="list-style-type: none"> • Up to 8 training hours per year of webinar-style training 	Included
<p>Integration with Existing Benefits</p> <ul style="list-style-type: none"> • Customized resource hub for easy access to student services, counseling (if applicable), and community wellness resources 	Included
<p>Clinical Reporting</p> <ul style="list-style-type: none"> • Quarterly reports detailing engagement metrics, number of users, and clinical assessment participation • Measurements of improvement in areas such as feelings of achievement, meaning, relationships, engagement, and positive emotions • Identification of highest risk areas and brain health scores 	Included

What do Joyages courses address?

- “Work and School Balancing Act”
 - “Sleepless Nights”
- “Boost School Performance Taking Care of You”
 - “Are You Stressed or Depressed?”
 - “Alcohol, Substance Abuse, Depression”
 - “Top Ten Freshman Year Issues”
- “So, You’ve Graduated College – Now What?”
- “How to Win the Stress Battle Between Your Two Brains”
 - “How to Deal with Running Late”
 - “Why Friendship is Important”
- “How to Share Hard Things and Be Vulnerable”

And so much more!

