Joyages



College Students have faced more stressors and overcome more obstacles than any previous generation to stay in school and prioritize their education.

87.1% of students surveyed ranked their stress over the past year between 5 and 10 on a 10-point scale.

OUR GOAL

Our goal is to keep students in the classroom and to prepare them for the challenges which will inevitably come their way. We want to help universities retain students by providing content specifically designed to help them handle the unique situations they face on a day-to-day basis. We prevent burnout in students and strengthen their resilience, decreasing the number of students who drop out due to mental health issues. We make this possible by connecting students to oncampus resources and preventively strengthening their mental health using skill-based courses designed for students in higher education.

40.7% of students surveyed claimed their health was their biggest stressor.



FEATURES







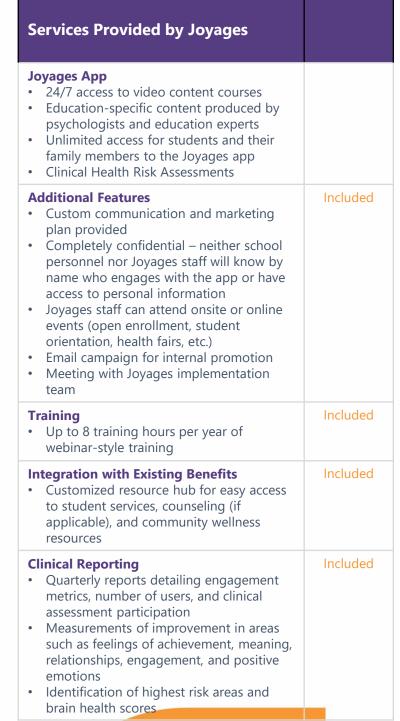
3-Minute Videos

75% of students surveyed said they would love an app to manage their mental health.





Jwyages





What do Joyages courses address?

- "Work and School Balancing Act"
 - "Sleepless Nights"
- "Boost School Performance Taking Care of You"
 - "Are You Stressed or Depressed?"
 - "Alcohol, Substance Abuse, Depression"
 - "Top Ten Freshman Year Issues"
- "So, You've Graduated College Now What?"
- "How to Win the Stress Battle Between Your Two Brains"
 - "How to Deal with Running Late"
 - "Why Friendship is Important"
- "How to Share Hard Things and Be Vulnerable"

And so much more!



